

SEPTEMBER 20, 2024 | VOLUME 15 | ISSUE 20

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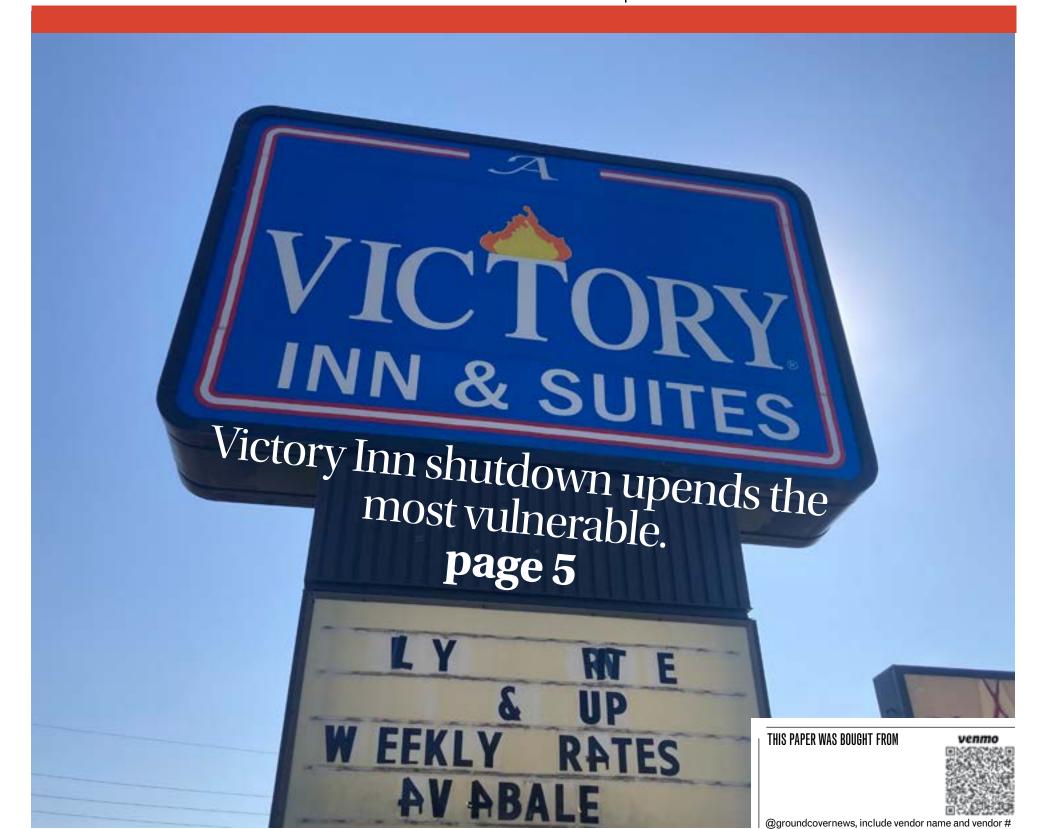
It's called football! page 3



MEET YOUR VENDOR: **LA SHAWN COURTWRIGHT** PAGE 3

GROUNDGOVER

NEWS AND SOLUTIONS FROM THE GROUND UP | WASHTENAW COUNTY, MICH.



International Network of Street Papers gathers in Liverpool to celebrate 30th anniversary, share best

practices and inspiration

LINDSAY CALKA Publisher

For four short but jam-packed days, 43 street papers convened in Liverpool, UK for the International Network of Street Papers 2024 Summit. Groundcover News is a proud member of INSP; year-round we participate by attending the monthly North American regional network meet-ups, by publishing content from other papers, and by sharing our own content across the globe for republication.

Although this summit commemorated the past 30 years of INSP, one stated goal of the conference was to build a strategy for the future of the network. Since the 2022 gathering in Milan, INSP has experienced a drop in income and had to reduce staff at the

challenges individual street paper organizations are facing with funding, street sales and a global rise in attacks on human rights. In the first session of the summit, delegates were invited to reflect on what they need from INSP and our global network. There was clear consensus that all the street paper organizations see the priority being *connection* and regard INSP as the best tool to make that connection happen, calling for more support in between summits with information-sharing, translation, collaborative projects and simple directories of who does what and where.

Each day, delegates shared best practices through panel discussions, Glasgow office — on top of the "Valuing Lived Experience" panel and Katie Langford from Arts and



INSP 2024 Summit delegates at the Walker Art Gallery on the opening night, Monday, September 12. Not all delegates are pictured.

PROVIDING ECONOMIC OPPORTUNITIES FOR

PRODUCING A STREET NEWSPAPER THAT GIVES

A PLATFORM TO UNDERREPRESENTED VOICES IN WASHTENAW COUNTY,

PROMOTING AN ACTION TO BUILD A JUST, CARING AND

SELF-DETERMINED INDIVIDUALS IMPACTED BY POVERTY

breakout conversations, strategy ses- Program, which pays homeless and sions and keynote speakers. Ground- low-income people to write for the cover News was invited to speak on the newspaper. Others on the panel were

presented on our Freelance Writing Homelessness International, Simon, a vendor from Hus Forbi in Denmark, and Andre Rostant, a vendor from the

see **INSP** page 4 **→**

GROUNDCOVER NEWS

Groundcover News, a 501(c)(3) organization, was founded in April 2010 as a means to empower lowincome persons to make the transitions from homeless to housed, and from jobless to employed.

Vendors purchase each copy of our regular editions of Groundcover News at our office for 50 cents. This money goes towards production costs. Vendors work selling the paper on the street for \$2, keeping all income and tips from each sale.

Street papers like Groundcover News exist in cities all over the United States, as well as in more than 40 other countries, in an effort to raise awareness of the plight of homeless people and combat the increase in poverty. Our paper is a proud member of the International Network of Street Papers.

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MEET YOUR VENDOR

La Shawn Courtwright, vendor 56

Who is La Shawn Courtwright? I am the author of the book, "The Fold - A Collection of Poetry," not the author of the article "Justice InDeed is uncovering hidden histories of housing discrimination in Washtenaw County" or article with all Candor intended.

What is Groundcover News to you? Groundcover News is not a "Homeless People's Newspaper," it's an instrument that prevents me from being destitute and/or homeless.

What would you say to those who buy or those who choose not to buy our paper?

Do not cast my work down because I choose to earn a living by uplifting, or simply allowing, others to have new thoughts because of my writing. I hope that it can create bridges were there are gaping gaps of communication.

Who do you credit for what vou've learned? All that have taught me things knowingly and unknowingly.

What is strength to you?

A dynamic or group of individuals that is able to build great things together without struggling about something that may be unusual to norms, and the greatness of the single or many gifts when used to empower, not dim, another's light.

What do you want out of this life? To not be of it as I'm in it. I want to be Holy.

Kamala Harris for President

SCOOP STEVENS Groundcover vendor No. 638

for president, America can put behind her racist, sexist past and Opposing this enlightened future is former president Donald Trump. journalists, Trump said it was news to him that Kamala Harris is Black. white again.

trivance of man that is used to exploit human beings. American citizens should never vote for

Gender is a different matter because it can in certain instances be an Now that an accomplished Black important factor. Maybe the time woman, Kamala Harris, is running has come to elect a female president since a woman may bring a different, more cooperative perspective. strive toward a non-racist future. Taking a presidential candidate's gender into consideration when voting can help determine who is Speaking at a convention of Black best suited to be the 47th president of the United States.

But is Kamala Harris qualified to Trump still wants to make America be president? Many vice presidents have become presidents, therefore Race is pseudoscience; it is a conbeing vice president is her primary qualification to be president. In my opinion, since she has not made any big mistakes (such as those made by

someone because of their race. Vice President Spiro Agnew during the Nixon era), she is qualified to be president.

A Harris administration will continue to do the work of the Biden administration, and in due time, will evolve into its own distinct entity. The divine feminine that has been oppressed by patriarchal domination will now be free to release her energy and heal a broken world.

I imagine President Harris singing Helen Reddy's song "I Am Woman" at her inauguration on January 20, 2025. It can happen. Vote for Kamala Harris for President.

Family

DEZZ CLARK Groundcover vendor No. 643

Family. Do we understand what family is? From my understanding, the answer to that question is no. Family is not only blood, but also friendship, family affairs, smiles, mothers, fathers ... because with- MEN AT ONE TIME THEN WE out you there wouldn't be me!

FAMILY — THE WORLD NEEDS WHAT FAMILY IS because there

Kamala Harris, KAMALA HARRIS, she understands what family is. Now it's time that we remember what family is all about.

Family — we are one in this

Family. IF GOD MADE A LOT OF WOULDN'T UNDERSTAND

TO REMEMBER WHAT FAMILY IS! would be too many fathers and we wouldn't understand who or what family is. WOMEN REALLY UNDERSTAND WHAT FAMILY IS. But let's not misunderstand that l am a man who understands what family is. Family is us. Family is the being of who we are because without it we would all be lost FAMILY.

It's called football!

The sky has opened. The sun will shine. It's football season in Ann Arbor. College towns across America are transforming into the wild, wacky times of football season in America!

Even if you don't like football, come on, admit it: you love football season in a college town.

Look around — signs up, flags flying, rooting for your home team, anticipating a winning season ... the new slogans, the students, the townies who have grown up here and have Michigan Football in their Someone didn't do their part? How

We wake up Saturday morning just knowing that the universe is on our side. How could it not be? I've got my lucky jersey on and you know what that means! Yes, we always win when I wear my lucky jersey.

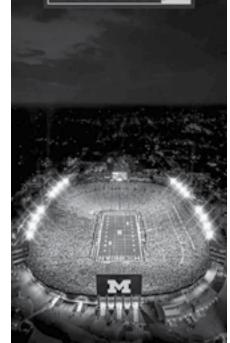
played Texas? Ahh, I know someone are Michigan fans and that means



Groundcover vendor No. 615

didn't do their part. Oh my God! DNA. The whole city transforming selfish can you be? Don't you know right in front of your eyes. The highs, we all have to do our part for this the lows, oh what a time to be alive. thing called football to work?

I walked around the city after the game, taking it all in, analyzing the faces I saw. And you know what? I saw it all: disappointment, sadness, experiencing the hurt and dismay. Then the clouds parted and the sun it all over again. Okay, so what happened when we shone down upon us. Because we



MICHIGAN

we take the bad with the good. And no matter what, we get to wake up next Saturday morning and get to do

Yes, my friend, it's Michigan Football in Ann Arbor again!

First "988 Day" observed on September 8

LYNN SUTFIN **Michigan Department of Health** trained staff who help connect those and Human Services

The Michigan Department of Health and Human Services (MDHHS) joined with the Substance Abuse and Mental Health Services Administration to observe the first 988 Day on Sunday, September 8.

988 Day is a national initiative dedicated to raising awareness about the 988 Suicide and Crisis Lifeline through the overarching theme of "No Judgement. Just Help." This inaugural observance, coinciding with National Suicide Prevention Month, underscores the critical importance of behavioral health awareness, fostering open communication and extending support to individuals in their moment of need.

The 988 Suicide and Crisis Lifeline, (previously known as the National Suicide Prevention Lifeline), is a 24/7 tollfree nationwide hotline consisting of a network of local call centers across the country that confidentially provide compassionate care for people with emotional distress or crisis related to life circumstances, anxiety, depression, suicide, mental health, substance use and more. This line offers immediate support to people when life gets to be too much, regardless of the reason for call.

answered by dedicated and well- suicides have increased 53%. Firearm experiencing crisis with support and resources," said Elizabeth Hertel, director. "Strengthening crisis care and mental health services continues to be a top priority for MDHHS. We encourage anyone experiencing a crisis, whether personally or through one of their family members, to use this resource whenever needed."

With rising levels of anxiety, emotional distress and overdose deaths, it is crucial people have somewhere to **Resources** turn when they are in crisis. According to data from the Youth Risk Behavior Survey, 40% of young Michiganders responding felt sad or hopeless during the 12 months before the survey and 16.9% had made a plan about how they would attempt suicide. For the state's youth, 988 offers instant support through call, text or chat.

Additionally, the 2022 State of Mental Health in America report showed more than 20% of Michigan adults were experiencing mental illness and more than 357,000 Michigan adults had serious thoughts of

Further, the Washtenaw County Health Department's 2023 Firearm Death Report found these increases aligned locally as well.

2019-2023, local firearm homicides "Calls to Michigan's 988 Lifeline are have increased 113% and firearm

deaths are preventable, and continued collective action is needed to save lives," said Juan Marquez, MD, MPH, Washtenaw County Health Department medical director.

This report analyzed data from the Washtenaw County Medical Examiner Office. In 2023, most (66%) firearm deaths in Washtenaw County were suicides and 34% were classified as

The 988 Lifeline is a direct connec-drugs. tion to immediate support and resources — the average time it takes for a call to be answered in Michigan is 14 seconds. People who are worried about a loved one who may need support can also call 988. There are specialized services available for veterans, LGBTO+ youth and adults and other groups by selecting the corresponding option on the call menu.

Crisis center calling services are available in English and Spanish, as well as a Language Line Solutions to provide translation services in more than 250 additional languages. Text and chat are currently available in English only.

Suicide is preventable and help is "When we compare 2014-2018 to available. Anyone in Washtenaw County can call Community Mental Health 24/7 with any mental health

questions or concerns: 734-544-3050 Call 988, text 988, or visit 988lifeline org/chat for the Suicide and Crisis Lifeline. You can also text "HELLO" to 741741 to reach the Crisis Text Line.

It's important to know the warning signs for those at risk of suicide including:

- Talking about wanting to die, feeling hopeless or having no purpose, feeling trapped or in unbearable pain, or being a burden to others.
- Looking for or talking about ways to kill oneself.
- Increasing the use of alcohol or
- Sleeping too little or too much.
- Withdrawing from activities or isolating from family and friends.
- Visiting or calling people to say
- Giving away prized possessions.
- Displaying feelings of depression, anxiety, loss of interest, irritability, humiliation or shame, agitation or anger, and/or relief or sudden improvement.

It is especially concerning if any of these warning signs are related to a painful event, loss or change. If someone you know shows warning signs of suicide, assume you are the only one who will reach out. Take them seriously, talk to them in private, and ask directly about suicide calmly and without judgement. See more information at washtenaw.org/suicide.

→ INSP from page 2

Big Issue UK.

Many panels took deep dives into the unique ways street papers across the world generate income for their vendors in addition to selling their newspaper or magazine. Just to name a few, at =Oslo, vendors can work at the =Kaffe making and serving coffee to the magazine's customer-base and neighborhood. At the Big Issue UK, vendors can work for the "Big Issue Recruit" by connecting unemployed people to job vacancies across the UK. The Big Issue Japan started the "Nighttime Bakery" which hires vendors to pick up day-old bread and re-sell on the street during hours that bakeries this year for any award categories, we are typically closed. And of course, were proud to submit works in Best there were presentations and displays Photo, Best Vendor Contribution, Best on the variety of special edition prod- Article/Journalism and Best Cover. ucts street newspapers produce: cross- You can see what we submitted in the word editions, short story/fiction graphic to the right. books, calendars, wrapping paper, On the final night of the summit, children's editions — examples of INSP announced the location for the which can now be browsed at the Groundcover office!

gave delegates the chance to go deeper into the issues, opportunities and challenges not covered in the pre-set conference schedule. Street paper organizations across the network look quite different — some big, some small, some representing homelessness, others migrants, many languages and social issues. Topics chosen by the delegates included: reader engagement, cashless payments, data collection, rogue sellers, digitalization, social media and mental health for staff.

The INSP Awards, a tradition of the summit, celebrates the successes and excellence of the movement. Although Groundcover News was not shortlisted

next summit: Portland, Oregon with host paper Street Roots! I am hopeful This year's summit piloted an activ- the upcoming conference based in the ity called "unconferencing" which United States will allow for closer

planning with Groundcover News, so paper vendors — the heart, soul, and we can organize much-needed pro- reason for street newspaper gramming and add focus on street organizations.

Groundcover News application for INSP Awards 2024



BEST PHOTO Mike Jones (June 30, 2023)



BEST COVER Street Mythology edition

BEST JOURNALISM

Alexandra Granberg, "Driver runs over homeless cyclist, cops take no action" (September 8, 2023)

BEST VENDOR CONTRIBUTION

Christopher Ellis, "Housed, unhoused or homeless?" (November 4, 2022)

Victory Inn shutdown upends the most vulnerable

On Sept. 3, the Victory Inn on Washtenaw Ave. was shut down for severe code and health violations. The City of Ann Arbor responded to a variety of recent complaints about the inexpensive hotel by demanding that the building be shut down. A posted sign from a Building Official said, "DANGER This Structure Is Declared Unsafe For Human Occupancy Or Use."

The hotel has a history of problems, including traditional code violations, the death of an employee due to carbon monoxide poisoning in 2023 and accusations about human trafficking and drug overdose deaths which resultd in a suit to close the building permanently in 2018.

Owned by Jimmy Garmo of Southfield-based U.S. 23 Lodge LLC, the Victory Inn motel is at the corner of Washtenaw and U.S. 23, one of the most high traffic areas in Ann Arbor. Due to further code violations and as a resolution to the 2018 suit, the motel building is scheduled to be replaced with a modern building and new branding — turning into the Staybridge Suites and Holiday Inn

Many homeless/housing-insecure people were impacted by the Sept. 3 condemnation. One of them I met at Bridge Community Cafe; her name is Brittany. Brittany is a 20-year-old woman who was living at the Victory Inn. The room was being paid for by a mentor. According to management, the building was also being shut down that week to begin the construction. No one told Brittney or Molly, her mentor. I asked Brittany for an interview.

GCN: Tell me a little bit about your past, whatever you're comfortable with sharing.

Brittany: I grew up in a toxic household where every day my mom and my dad was fighting. My mom even tried to kill herself in front of us.

GCN: Sorry to hear that. That's

Brittany: My dad died when I was 11. I went into foster care when I was eight years old. Then I got out when I was 17. Recently, I was placed in jail for assault. That's pretty much about me, I'm just wild in some ways.

GCN: Well, you're 20, of course you're going to be a little wild. Tell me about your stay at Victory Inn.

Brittany: Monday afternoon, I went to Victory Inn, me and my mentor got the room for a few days, her name's Molly.

GCN: Are you calling them mentor



because they were assigned to you from an agency or is it just somebody that knows you that's helping you

Groundcover vendor No. 139

Brittany: She's happy to help out. **GCN:** So you and your mentor went to Victory Inn and what happened?

Brittany: She paid for the room, it was all cool, nobody said anything about it being shut down. The next morning (Tuesday), I left to run some errands. I come back around 3, 4 o'clock in the afternoon. I walked in and immediately the worker said I had to go. I was like, why do I need to leave? They said the building's being

GCN: They let you get your stuff but you said they didn't offer your mentor a refund?

Brittany indicated they did not. Molly was owed \$380.

GCN: Did they give you any reason why they were keeping your money? Brittany: No.

GCN: So you said you were evicted that day?

Brittany: Yes, Tuesday afternoon. **GCN:** What did you do that night? **Brittany:** I called Molly and she got me a room at Harmony House.

GCN: So you haven't had to sleep on the street?

Brittany: No.

GCN: What's next?

Brittany: I'm in a hotel room provided by Ozone House. I plan on get- ing people out of the motel option by ting an apartment through Ozone, raising rates.

and then a job.

Commissioner Sara Hammerschmidt said in an MLive article the building [Victory Inn motel] was "less than desirable."

"The city took action in court in 2018 to try to shut it down, citing a history of prostitution, human trafficking and numerous police dispatches to the hotel, which the city deemed a public nuisance and threat to public safety. "The city agreed to drop its case in

2019 after getting cooperation from the hotel with efforts to decrease crime on the property, increasing daily rates, scrapping hourly renting, requiring identification at check-in and adding security measures. That led to a decrease in calls for police service and a decrease in severity of calls, the city attorney's office said in 2019." (MLive. com "Plans to raze, construct new hotel approved for Ann Arbor's Victory Inn site" Jun. 26, 2024)

It did lead to a reduction in the number and severity of calls, at least for a time, but at the expense of housing-insecure members of our community. What stood out was that increasing daily rates was a strategy in their crime reduction plan. This serves to also exclude individuals who aren't using the space to commit survival crimes but need the low rate for survival. Independent sex workers are also impacted by increased rates and the elimination of hourly rates. However, sex traffickers might not be deterred by higher prices.

The minimum need for human shelter is warmth/climate control, safety from imminent danger, privacy, access to showers, laundry and toilet, and reliability. Motels do all of that. Motels with low rates are an essential resource for shelter. But business is business, including pric-





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Ypsi Stories Podcast: The Parkridge Community Center and the Fight for Racial Equality

Historian Lee Azus recounts the struggle by residents of the Southside to build an interracial community center on what was called the "buffer strip" between white and black Ypsilanti near Michigan Avenue. Listen at ypsilibrary.org/ypsistories.

FEATURED EVENT

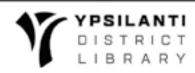
HALLOWEEN DOWNTOWN

Friday | Oct. 25 | 5:30-7pm YDL-Michigan Library Plaza

Trick-or-treat in the Library Plaza! Get sweets, win books play putt-putt with Putt-R-Round, and visit the "Boo" Mobile. Costume contest starts at 6:15.

This event is generously sponsored by Spark East and Ypsi Real! Free books distributed by Kiwanis Club of Ypsilanti





SEPTEMBER 20, 2024

Recuperative Care program for homeless attempts

SHELTER

to fill healthcare gap

ROBBIE FEBRUARY Groundcover contributor

The Shelter Association of Washtenaw County, in partnership with Packard Health, has a program to help homeless people recover after leaving the hospital. It's called the Recuperative Care program, and it's a safe place where people can stay and get better. They get a temporary bed, medical care and help finding a permanent home, all without cost. It runs out of the Delonis Center in Ann Arbor, and there are currently 12 beds.

While it is not a skilled nursing facility, the partnership with Packard Health (as well as participation and referrals from Michigan Medicine and Trinity Health) means there is contact with healthcare professionals who can spot problems and make referrals to health organizations. Patients see the well-loved Dr. Ravi Vadlamudi from Packard Health and receive holistic care including analysis of overall health. Megan Daniels serves as a fulltime nurse.

The pilot for the program, which is managed by Recuperative and Crisis Care Coordinator Shannon Gilroy LLMSW, took place in 2019, and the program started up in 2021. To get in often requires a referral, and there are detailed instructions for qualified per- worms should have been addressed by are only four or five Recuperative Care sonnel on the SAWC website, www. any of a handful of hospital stays. I annarborshelter.org, by searching for the Shelter Association's Programs and other avenues to help him out.

ative Care programs offer several key

• Breaking the cycle of hospital readmissions: By providing a safe space for homeless individuals to

programs prevent unnecessary returns to the hospital.

- Promoting overall health and well-being: Recuperative care allows individuals to fully heal from illness or injury, improving their long-term health outcomes.
- Facilitating access to essential services: These programs connect individuals with primary care, behavioral health services and social services, addressing their comprehensive needs.
- Supporting housing stability: By assisting individuals in finding permanent housing, recuperative care programs contribute to long-term stability and self-sufficiency.

This program is important because some people who are homeless get stuck in a tough cycle. They leave the hospital but have nowhere to rest and heal, so they end up back in the hospital again or face a lot of avoidable pain and suffering. The SAWC program wants to break that cycle and help people get back on their feet and stop struggling against the rejection they

For example: see that person in the park with the dog? I've known him a bit. I have even Narcanned him. He was so blue before he started breathing again. He has worms for pets. I mean, his pets have worms. He also has worms. His attempted to reach members of HAWC Obviously, if he had had a recuperative According to that website, Recuper- care program to care for him intensively, many of his longer-term problems could have been avoided.

This long-term unhoused individual, who wants to remain anonymous, has cancer and we've been able to heal spent over four years on the street. He them and see them go on to get housrecover after hospital discharge, these fares pretty well, takes care of his ing. It's clear how much it's needed so



Recuperative and Crisis Care Coordinator Shannon Gilroy in front of the Packard Health Clinic located at the Delonis Center. Clinic hours are 8 a.m.-12 p.m. on Mondays and 1-6 p.m. on Thursdays.

immediate needs. He has recently cleaned up and looks pretty dapper. But since he and his pet dog have intestinal parasites, they are carriers for hookworm.

Sarge, my friend with two decades of history on Washtenaw's streets, notes about the health system, "The lack of care is keeping people on the streets." He is critical of the program, saying it doesn't work.

However, the problem seems less that the program is not working than that not enough people know it exists.

Recuperative Care has served 122 people in its short life. Gilroy commented, "It's a very needed and valuable resource in the community. There Centers in the state so we get referrals from all over the place. But we concentrate on the Washtenaw area. We get referrals from our two health care systems in Washtenaw County.

"It's been just incredible to see the things that have happened here. We've had folks come through with stage 4

that people are not dying outside."

Gilroy admitted that fewer people than optimal know about it, including those who might make referrals. Gilroy feels strongly about helping individuals who might not have a referral, saying, "If they come to the clinics on the second floor here at Delonis or even just the front desk, I can help them see a medical professional. I can help them." The clinics are held Monday morning 8:00 a.m. to 12:00 p.m. and Thursdays 1:00-6:00 p.m.

Gilroy would love to see the program expand and possibly get its own location. There is precedent for that. A similar program, L.A. Care Health Plan. teamed up with National Health Foundation to test out a new program that provides temporary housing and healthcare in a stand-alone facility for homeless folks who are fresh out of the hospital. It's like a halfway house.

Gilroy acknowledged there are (hopefully temporary) problems and wants to address the space limitations that sometimes require turning people away, but understandably said, "I am very pleased with the way it's going."

FORWARD



Left: Sean Chese of Forward Design, who is installing drywall, stands in front of the brand new roof at Purple House. Right: Diversified Roofing working on roof construction.

Forward Design Build Remodel helps MISSION go green at Purple House

ANTHONY MCCORMICK Groundcover contributor

Forward Design Build Remodel, in partnership with other contractors, is catalyzing a transformative journey for Purple House, a vibrant house of hospitality. This timely collaboration aims to propel Purple House (aka Jimmy Hill Memorial House) into a new era of energy efficiency and environmental sustainability, ensuring a warmer and more welcoming space. MISSIONa2, a nonprofit in Ann Arbor, provides a variety of services for people experiencing homelessness, at Purple House along with their other projects, which include Mercy House in Ann Arbor and Hospitality House in Ypsilanti.

Amazingly, Forward Design is doing the work for this project at cost, using volunteers whenever possible. completed), renovation of two of the bathrooms, and an upgrade of the electrical systems. The company partnered with MISSION to host a successful fundraiser at the house in early July to pay for the project.

"We set up a GoFundMe that helped us do more so we were able to add the roof to our original list of proposed ant thing was addressing the water issues. That included the roof and over 16 leaks in the bathrooms. Since showers are a large part of what the Jimmy Hill House provides, we knew that [improving the bathrooms] would provide a service for everyone involved."

Forward Design also donated to

land Solar.

Central to this endeavor is upgrading to a state-of-the-art electrical system. Skilled technicians will replace aging wiring, change over to modern electrical systems and introduce energy-efficient solutions, such as lighting and insulated window blinds. These will all significantly reduce the house's energy consumption and create a more thermally efficient envelope for Purple House. The solar panels will provide all of the electricity used in the house, ensuring lower carbon emissions and greatly lowering operational costs.

The project encompasses the installation of energy-efficient appliances throughout the facility, from refrigerators and freezers to dishwashers. Included are: a new roof (already These upgrades will not only contribute to Purple House's overall energy efficiency but also enhance the daily operations of the community center. The collaboration between Forward

Design Company and the Homeland Solar electrical company is a testament to their shared commitment to environmental stewardship and community well-being. By combinprojects," said Carly Withers, Design ing their expertise, they are empow- happy with us, and that makes us Team Leader. "But the most import- ering Purple House to become a happy in return." She added, "I think beacon of sustainability within the Ann Arbor community. The project aligns perfectly with Forward Design Company's mission of promoting innovative and sustainable design solutions.

> Other collaborators with Forward Design who contributed to the project include Chelsea Plumbing (labor

another phase of going green: the and toilets), Ferguson (faucets and installation of solar panels by Home-vanity), Jaco Electric (labor), Gross ing (labor and materials), Dignified Dumpsters (a dumpster), Flooring Consultants of Michigan (labor and ing labor).

Brian Durrance, who was the main project liaison on the MISSIONa2 board, said, "We are very grateful, especially to [Forward Design's] Design Team leader Carly Withers. We are also very grateful to Project Manager Ryan Bieber who is doing a wonderful job of moving the project forward. They have already installed a new roof, they have upgraded our electrical service, and they are currently renovating two bathrooms so that we can better provide shower services to our guests. We are just very grateful in

"And we're very excited about their generous donation for the installation of the solar panels. These solar panels will make it possible to provide meals and laundry services at a fraction of the cost."

Withers responded in kind. "We know that the MISSION people are the people [on site] were touched by this more than they realized they would be."

Together, MISSIONa2 and Forward Design are empowering Purple House to make a positive impact on the environment, reduce its operating costs, and provide a more comfortable and welcoming

space for the community, especially during the cold winter months when Electric (bath fans), Diversified Roof- they will run their weather amnesty overnight shelter program. This transformative journey embodies the power of collaboration when formaterials) and Star Painting (paint- profit companies embrace a justice ethic and work together to create a more sustainable future.



to make a positive change in the world-for our ople, the animals and the planet. All our products are made with the highest quality ingredients and are 100% vegan, dairy & lactose-free, egg-free,

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for I came from God and am here; I did not come on my own, but he sent me. + Christ Jesus (John 8:42)

Come Worship With Us!

Mass Schedule Saturday 5 pm (English) & 7 pm (Spanish) Sunday 8:30 am, 10:30 am, 12:30 pm, 5 pm

> 2250 East Stadium Blvd., Ann Arbor www.StFrancisA2.com 734-821-2100

Open to all. Closed to none



Humane Society helps people keep their "friends for life"



Animals are for some people very sacred and a lifeline when it comes to personal issues — for example, seeing eye dogs or emotional support animals for people with special needs. Many service animals who are helping people with disabilities need extra care. The Bountiful Bowls Pet Food Assistance, Safe Harbor and Pet Care programs at the Human Society of Huron Valley help these people in low income groups with extra pet care.

The programs provide food assistance based on food availability and pet care is on a case-by-case basis. Safe Harbor sheltering is for emergency help like natural disasters, house fires or medical

The Humane Society has created these

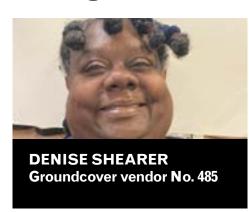
programs to help people and pets stay together to avoid separation anxiety in circumstances such as loss of home or moving. They are specifically for low income families and individuals and support a large variety of animals.

The provided help includes vet care, food, neutering and other animal paraphernalia such as leads, cages, toys and more. This helps animals to stay off the streets and stay with owners for life. Each case is different based on the needs of the animal, whether dogs or cats or other pets.

Some people have such a hard time even feeding animals. This program is available to help keep animals safe and provided for during hard times for families and individuals. Vet care is important for fleas, ticks and other illnesses that animals need help with that can cost so much now, and for medications for some animals who have conditions like allergies or illnesses. They need help as well and this program gives them real opportunities.

If you need Friends for Life services from Humane Society of Huron Valley, call 734-661-3550, visit hshv.org/friendsforlife/ or look at their advertisements in past issues of Groundcover News.

September, the good month



September is one of the best months of the year. It's one of the last months with really good weather and one of the last months of hot weather. September is a great month to enjoy God's and Jesus's great creations outdoors. It's a colorful month too. September is a month to say goodbye to good weather by enjoying the outside. September is also the month my birthday falls on and that's important. September is a good time to celebrate and thank God for what the month has to offer.



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Questions? Email





While Groundcover is a non-profit, and paper vendors are self-employed contractors, we still have expectations of how vendors should conduct themselves while selling and representing the paper.

The following is our **Vendor Code** of Conduct, which every vendor reads and signs before receiving a badge and papers. We request that if you discover a vendor violating any tenets of the Code, please contact us and provide as many details as possible. Our paper and our vendors should be positively impacting our County.

- Groundcover will be a voluntary purchase. I agree not to ask for more than the cover price or solicit donations by any other means.
- When selling Groundcover, I will always have the current biweekly issue of Groundcover available for customer purchase.
- I agree not to sell additional goods or products when selling the paper or to panhandle, including selling past monthly issues.
- I will wear and display my badge when selling papers and refrain from wearing it or other Groundcover gear when engaged in other activities.
- I will only purchase the paper from Groundcover Staff and will not sell to or buy papers from other Groundcover vendors, especially vendors who have been suspended

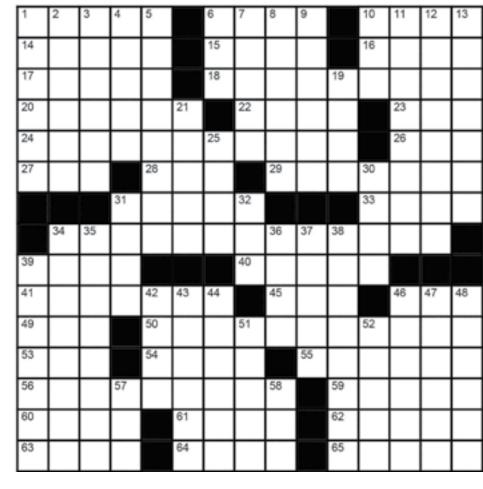
Groundcover Vendor Code or terminated.

- I agree to treat all customers, staff, and other vendors respectfully. I will not "hard sell," threaten, harass or pressure customers, staff, or other vendors verbally or physically.
- I will not sell Groundcover under the influence of drugs or • I understand that I am not a legal
- employee of Groundcover but a contracted worker responsible for my own well-being and income.
- I understand that my badge is property of Groundcover and will not deface it. I will present my badge when purchasing the papers.
- I agree to stay off private property when selling Groundcover.
- I understand to refrain from selling on public buses, federal property or stores unless there is permission from the owner.
- I agree to stay at least one block away from another vendor in downtown areas. I will also abide by the Vendor Corner Policy.
- I understand that Groundcover strives to be a paper that covers panhandling with only one paper or topics of homelessness and poverty while providing sources of income for the homeless. I will try to help in this effort and spread the word.

If you would like to report a violation of the Vendor Code please email contact@groundcovernews. com or fill out the contact form on our website.

CROSSWORD

International Network of Street Papers



ACROSS

1. Very, in music 6. Scoundrels

10. Atlantic fish

14. Navy ___

15. Alliance 16. A non-American's unit of weight

17. Repeated behavior

18. Follower of the Pentagram

20. Protozoa

22. Papa's partner

23. " the season ..."

24. Branch of the United States

Armed Forces

26. Australian runner

27. "Star Trek" rank: Abbr.

28. "___, humbug!"

29. Schematic drawing

31. Poison plant

33. Aardvark fare

34. What some might call a place without dissent

39. Oyster's favorite stitch?

40. Come to

41. Progress

45. Anger

46. Finish, with "up"

49. Born, in bios

50. Order including ants, bees,

wasps, and sawflies 53. "To ___ is human ...

54. Carbon compound

55. Have-not

56. They'll get your boat going in a jiffy, but don't ask for gas

59. Manicurist's or carpenter's concern

60. On the safe side, at sea

61. Exec's note 62. Clear, as a disk

63. "Check this out!"

64. Father of Balder 65. Force units

DOWN

1. "That's ___!" ("Too bad!")

2. Deck figure 3. Light weapons?

4. Accused's need

5. City in the headlines for a crack-

down on journalism

6. "60 Minutes" network

7. "Remember the !"

8. Geezer

9. Seafood dish

10. Schuss, e.g.

11. Water tanks 12. Final

13. Animals known for playing dead

19. Astronaut's insignia

21. Clothes lines

25. Crack, as lips

30. Acquire

31. Aria, e.g.

32. Aviary sound 34. Memorials

35. Solar system models

36. Drops from the sky

37. Canton neighbor

38. Intensified

39. Tree secretion

42. "Beg pardon ..."

43. Go-getter

44. Like salmon, often

46. Highway divider

47. End of a threat

48. Breaks down a sentence

51. Fragrant resin

52. Like some goodbyes

57. Rent

58. Howard of "Happy Days"

Financial counseling is free and confidential. Translation services are available when meeting with a counselor.

To learn more, visit washtenaw.org/FEC

FEC@washtenaw.org



The Awakening of Expansive Cosmovision



PEDRO CAMPOS Groundcover vendor No. 652

The journey begins transcendentally towards understanding our place in the universe. By exploring the five levels of cosmovision, we dive into an incessant quest for meaning, wisdom and connection with the cosmos in its myriad manifestations.

First: the internal awakening, where introspection allows us to transform information into knowledge and acquire wisdom. Here, we become protagonists of our own existence, capable of catalyzing energies and acting for the common good.

The second level invites us to look outward and recognize the world around us, understanding that each individual is a portal to a diversity of cosmovisions. Human interaction becomes a path to expanding understanding and empathy.

Then we navigate the ocean of human knowledge, exploring ancestral teachings and the vast possibilities that unfold at every moment. Social networks and intercultural interaction are living sources of intellectual and spiritual enrichment.

Next we go beyond the limits of planet Earth, to the vast observable cosmos. Using scientific and technological tools, we seek to understand the mysteries of the universe and our position within it, constantly expanding our horizons.

Finally, in the fifth plane, we enter the spiritual dimension, where we explore holistic connection, transcendence and a full understanding of the meaning of the divine.

The expansion of cosmovision is a journey of dual significance to the core of the primal and simultaneously expansive inner being, from the observable universe and beyond.

Read, see and explore the Cosmonauts on Pedro Campos's Instagram: @pedrocamposbrasil

Aware The Cosmonaut's cyber odyssey unfolds, transcending the boundaries of time and space. Navigating the vastness he seeks the elusive light, propelled by an expanding cosmovision Across dimensions and beyond imagination, his magnetic sense quides him, leaving an indescribable sensation his wake. Yet, solitude shadows this cosmic journey, as his friends remain distant observ Pedro Campos

PUZZLE SOLUTIONS



It's apparent that the more they abuse the opportunity to cast me down on their invalid records that in their minds only referenced by those...

Minimize my person!! They're not deep enough To meet me eye to eye!!

AN INVITATION FROM KEN PARKS:

Come celebrate my 82nd birthday and the Day of Che!

October 6 (the Sunday before my birthday) at the Ann Arbor Friends Meeting House, 1420 Hill Street, from 4-8 p.m.

It is a potluck party with a screening of the 1954 film, "Salt of the Earth" at 7 p.m.





Trash Talk: sustainable fashion and beauty

Over the past few years, the climate advocacy movement and its teenage leaders have been at the forefront of the news. With a surprising sense of urgency, the younger generations joined this movement and expanded it beyond belief. The media has exploded with educational content, calls for action and tips on living a sustainable lifestyle. Sustainability is becoming more and more mainstream.

But apart from the youth's online excitement, how eager are teenagers actually about saving the planet? Well, in my experience, most teenagers in Ann Arbor have mixed feelings about it. For one, young people are welcoming the idea of being sustainable and making decisions that will have long lasting benefits ... but only to an extent. Once staying sustainable begins to interfere with their ability to have fun or buy the products that make them feel best — from clothes to beauty products to food — it starts to take the backseat.

For many people, making sustainable decisions can seem daunting or even impossible, especially when it comes to the world of fashion and beauty. There's a perception that sustainable or "green" products are over twice as expensive as regular products and can be harder to find in stores. Even further, the idea that sustainability can only happen through more more purchases, more practices, more green appliances — has become widespread. But it doesn't have to be that way. Many sustainable practices can save you money: thrifting (like the



Groundcover contributor

origin of its name) means you can purchase used clothing and household items at a fraction of the price of buying things new. Reducing the amount you buy has even bigger impacts on your wallet, and the

Everyday life is full of decisions —

from deciding what soap to buy to buying a house. And those decisions, especially about what you buy, have huge consequences on the climate because nearly half of global emissions come from producing stuff and food. And with 2024 rounding out to be perhaps the hottest year on record, climate change and its ever-impending consequences are becoming increasingly apparent to consumers and companies alike. And if we want to slow this catastrophic warming, many, if not all, of our everyday life decisions will have to be made with sustainability in mind. In a Microsoft report, a whopping 88% of people globally make sustainable purchases when able. But that's the catch — what if people aren't able to make sustain-



advocates for sustainable fashion/ beauty practices and recognizes businesses and brands that fit under this umbrella. With vendors like BYOC (Bring Your Own Container) and Plato's Closet attending, community members will have a chance to shop for sustainably sourced clothing and beauty products that are affordable. ment will not only provide community cate the community about the waste industry.

versity of Michigan will be facilitating in g and it truly encouraged me to delve activities about the fashion/beauty deeper into gender-justice issues and industry and offering mentorship to their implications with the climate community members. There will also be an interactive kids' table with fun, fashion-centered activities and games to inspire youth to make sustainable decisions and rethink their closets.

Her Horizon will be raising money for as well as supports other female advo-Menstrumate: a female-founded, cates and entrepreneurs. India-based nonprofit that distributes sustainable menstrual products made from agricultural discards to rural communities. This past June, I had the



The Sustainable Fashion & Beauty Ele- incredible opportunity to travel to Kochi, India and meet 100 other amazmembers with easy access to sustain- ing teenage girls from the United able fashion/beauty, but will also edu- States and South Asia. While attending this UN/U.S. State Department prolevels related to the fashion/beauty gram, I met Anupriya, the CEO of Menstrumate. Meeting Anupriya and The Ross Retail Club from the Unihearing her story was beyond inspir-

With this global tie-in, Her Horizon hopes to expand the education component of the event to show how the sustainable fashion/beauty industry Throughout the course of the event, takes shape in other areas of the world

To take part in this exciting event, on September 29 from 12-3 p.m. at Kiwanis (100 N Staebler Road), please RSVP at trashtalktour.org!

Run for change with Concert Music Outreach Collective

CONCERT MUSIC OUTREACH COLLECTIVE

Concert Music Outreach Collective (CMOC), a pioneering non-profit bringing classical music performances to underserved communities in Michigan's prisons and homeless shelters, has announced that the organization the annual Ann Arbor Marathon on son Cohen will run the full 26.2 mile race to raise awareness and funds for CMOC's mission to bridge the gap in classical music access.

"I'm thrilled to take on the challenge of running the marathon in support of CMOC," said Cohen. "The work we do aims to combat the disparities in access to classical music by bringing

concerts to underserved communities. humanity," Cohen explained. "At support at the start of their careers. Every dollar raised from this marathon will directly support these efforts."

CMOC stands out by employing innovative engagement practices that break down barriers between performers and audiences. The organization's concert series in Michigan's prisons and shelters prioritizes con- projects: will be one of the charity partners for temporary works by underrepresented discussions that engage and empower participants. The goal is to create a welcoming sanctuary for all, using music as a tool to foster inclusivity and dismantle the elitism traditionally associated with classical music.

> "Music is a powerful medium that transcends linguistic and cultural barriers. It unites people in their shared

CMOC, we believe in the transformative power of music, and we're committed to making classical music accessible to everyone, no matter their circumstances."

Beyond its regular concert series, CMOC has recently launched two new

1. Field Trip Project: This initiative to experience world-class rience it." performances.

portfolios, offering them invaluable charity platform.

Cohen's marathon run serves as a platform to raise both awareness and funds for CMOC's vital work. Donations — no matter the size — will directly benefit CMOC's ongoing mission. "Even a \$1 contribution can help make a meaningful impact," said Cohen.

"Together, we can break down barricomposers, fostering a deeper con- brings audiences from shelters and ers and share the beauty of classical October 13. Founder and director Ally-nection through post-performance prisons to professional concert halls, music with those who might not othproviding them with the opportunity erwise have the opportunity to expe-

> To support Allyson Cohen's mara-2. Commissioning Project: CMOC thon run and the Concert Music Outwill premiere up to five compositions reach Collective's mission, donations each year by BIPOC student compos- can be made directly through CMOC's ers. The compositions will be profes- website <u>cmoutreachcollective.org</u> or sionally recorded for the students' through the Ann Arbor Marathon

Cowboy caviar

JACOB FALLMAN Groundcover contributor

Ingriedients:

3 Roma tomatoes, seeds removed, diced

2 avocados, diced

1/3 cup red onion, diced

15 oz canned black beans, rinsed and drained

15 oz canned black eyed peas, rinsed and drained

1 1/2 cups frozen corn, thawed

1 bell pepper diced, any color

1 jalapeño, seeds removed, finely diced

1/3 cup chopped fresh cilantro Tortilla chips for serving

Dressing:

⅓ cup olive oil

2 tablespoons fresh lime juice (fresh preferred)

2 tablespoons red wine vinegar

1 teaspoon granulated sugar

½ teaspoon salt

½ teaspoon black pepper

¼ teaspoon garlic powder



Directions:

Combine tomatoes, avocado, onion, black beans, black eyed peas, corn, pepper, jalapeño pepper, and cilantro in a large bowl. Toss/stir well so that ingredients are well-combined.

In a separate bowl, whisk together olive oil, lime juice, red wine vinegar, sugar, salt, pepper, and garlic powder.

Pour dressing over other ingredients and stir/toss very well.

Keep refrigerated. If not serving immediately, be sure to toss/stir well before serving.



KIWANIS THRIFT SALE (BEHIND THE SCENES TOURS!) 100 N STAEBLER RD SUITE C, ANN ARBOR, MI 48103

TRASH TALK TOUR

Free, Family-Friendly event

September 29th from 12-3 pm

GAMES | PRIZES | LIVE MUSIC



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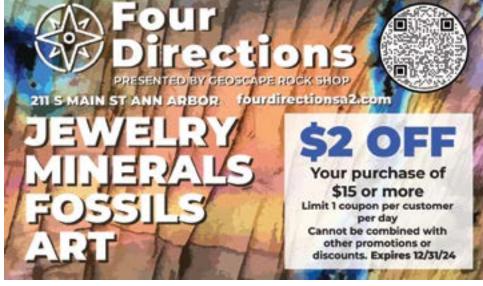
SIGN UP FREE!

TrashTalkTour.Org













FREE large item/large quantity PICK-UP Call us at 734-655-0450 for more pick-up information

Donation Drop-Off's

May-September: Saturday 9am-3pm October- April: Saturday 9am-1:30pm



